



## Prostate cancer in Luxembourg

In 2022, prostate cancer accounted for 29.3 % of all male cancers, with 443 new cases diagnosed.

It is the most common cancer among men in Luxembourg.

- Difficulty urinating
- Frequent urge to urinate, especially at night
- Blood in the urine or semen

These symptoms may be warning signs of prostate cancer.

**If you have any doubts, talk to your doctor.**



## Testicular cancer : rare but number 1 cancer in young men

On average, around 20 men are diagnosed with testicular cancer each year in Luxembourg. This cancer has very high cure rates when detected early.

- A lump or swelling in one testicle
- A change in weight or size of one testicle
- A discomfort or feeling of heaviness in the scrotum

These symptoms, which can often be detected through self-examination, may be signs of testicular cancer.

**If you have any doubts, talk to your doctor.**



**Test your knowledge about men's cancers.**

**TRUE OR FALSE ?**

**Prostate cancer shows no symptoms in its early stages.**

True. In its early stages, prostate cancer is often asymptomatic, which is why screening is important for early detection.

**A PSA blood test can always detect prostate cancer.**

(PSA (Prostate-Specific Antigen) can indicate a potential risk of prostate cancer, but it is not enough on its own to make a reliable diagnosis. High PSA levels can be caused by other conditions, and low PSA levels do not necessarily rule out cancer. Additional tests are needed alongside the PSA test to confirm any risk of cancer.

**Testicular cancer mainly affects men over 50.**

False: Testicular cancer mostly affects young men, between the ages of 15 and 40.

# BLUE NOVEMBER

**Men's cancers,  
let's talk about them.**

